

COULD THIS BE A SCAM?

Use this worksheet before responding, paying, clicking, or sharing

Check every statement that is true

One warning sign is enough to stop and verify. You do not need to prove that something is a scam before ending the conversation.

- ☐ They contacted me unexpectedly.
- ☐ They want me to act immediately or keep this secret.
- ☐ They are using fear, threats, excitement, or a family emergency.
- ☐ They want gift cards, cryptocurrency, cash, a wire, or a payment-app transfer.
- ☐ They want a password, PIN, verification code, Social Security number, or banking information.
- ☐ They want remote access to my computer or phone, or want me to install software.
- ☐ They told me to move money to a 'safe' or 'protected' account.
- ☐ They want me to use the link or phone number they provided instead of one I already trust.

IF YOU CHECKED ANY BOX

STOP. LEAVE THE CONVERSATION. VERIFY INDEPENDENTLY.

Call a trusted person or contact the organization using a known number, official app, card, or statement.

What I will verify

Who I will ask for help

Phone
